



Cauliflower freeze dried

201 kcal

- Tin:** radius 13cm, height 17.4cm, circumference 40.3cm
- Content:** cauliflower florets, freeze dried, 70g
- Storage:** Preferably cool and dry, without direct sunlight.
Ideally at a constant temperature of approx. 15-20° Celsius.
- Once opened:** Always close the tin firmly with the plastic lid. Do not eat directly from the container (contamination), the opened product can be consumed within several weeks.
Avoid large temperature variation to prevent condensation.
- Shelf Life:** 10 years. Vacuumed and sealed under protective atmosphere (Swiss Can Machinery).

Nutritional values per 100g:

product	energy KJ / kcal	fat	saturated fat	carbs	sugars	protein	salt	fibre
cauliflower	1200 / 288	3g	0.4g	24g	21g	26g	0,35g	30g

- Directions:** Soak in cold water, pour off and eat cold or sprinkle directly into boiling bouillon/water or into a dish and let it steep gently.
dry/fresh ratio: 1:11- which corresponds to 7.7kg fresh cauliflower florets