



## Aronia Berries freeze dried

1'024 kcal

- Tin:** radius 13cm, height 17.4cm, circumference 40.3cm
- Content:** Aronia Berries, whole fruits, freeze dried, 400g
- Storage:** Preferably cool and dry, without direct sunlight.  
Ideally at a constant temperature of approx. 15-20° Celsius.
- Once opened:** Always close the tin firmly with the plastic lid. Do not eat directly from the container (contamination), the opened product can be consumed within several weeks.  
Avoid large temperature variation to prevent condensation.
- Shelf Life:** 10 years. Vacuumed and sealed under protective atmosphere (Swiss Can Machinery).

### Nutritional values per 100g:

product	energy KJ / kcal	fat	saturated fat	carbs	sugars	protein	salt	fibre
aronia berries	1077/256	0g	0g	45g	40g	6.6g	< 0,01g	25g

- Directions:** Soak in cold water, eat cold or warm or sprinkle directly into a dish and allow to soak or eat directly as “chips”
- dry/fresh ratio: 1:6 - which corresponds to 2.4 kg fresh aronia berries