



Ackerhack

907 kcal

- Tin:** radius 13cm, height 17.4cm, circumference 40.3cm
- Content:** Pea protein, bean protein, pumpkin seed flour, sunflower seed flour, 250g
- Storage:** Preferably cool and dry, without direct sunlight.
Ideally at a constant temperature of approx. 15-20° Celsius.
- Once opened:** Always close the tin firmly with the plastic lid. Do not eat directly from the container (contamination), the opened product can be consumed within several weeks.
Avoid large temperature variation to prevent condensation.
- Shelf Life:** 10 years. Vacuumed and sealed under protective atmosphere (Swiss Can Machinery).

Nutritional values per 100g:

product	energy KJ / kcal	fat	carbs	protein	minerals
Ackerhack	1529 / 363	1.7g	32g	53g	6.3g

- Directions:** Plant based «minced meat». 100g dry “Ackerhack” will absorb approx. 200 ml liquid and therefore will yield 300g mass