



Berries Package

8'688 kcal

- Dimensions:** 55 x 41 x 23 L/W/H in cm
- Weight:** 6.7 kg
- Storage:** If possible, cool and dry, without direct sunlight.
A constant temperature of below 20° celsius would be optimal.
- Once opened:** Close again with the enclosed plastic lid. Do not eat directly from the container (contamination), then the opened product can be consumed for several weeks.
Avoid huge temperature range to prevent condensation.
- Shelf Life:** 10 years. Vacuumed and sealed under protective atmosphere (Swiss Can Machinery).

nutritional values per 100g:

product	energy KJ / kcal	fat	saturated fat	carbs	sugars	protein	salt	fibre
blackberries	1464 / 348	6,92g	0,42g	43,18g	43,18g	8,3g	0,03g	22,14g
strawberries	1400 / 330	4,0g	0,3g	52,0g	51,0g	8,0g	0,023g	19,0g
raspberries	1259 / 300	2,1g	0,07g	33,67g	33,59g	9,1g	0,02g	32,9g
blueberries	1322 / 316	4,12g	0,25g	41,5g	41,5g	4,12g	0,02g	33,61g

Ingredients and instructions

3 tins of Blackberries freeze dried, 200g each, total 600g (2088 kcal)

Ingredients: whole freeze dried blackberries

freshness ratio 1:8, which corresponds to approx. 4.8kg fresh blackberries

As (dessert) supplement in emergency food, müsli or for direct consumption

3 tins of Strawberries freeze dried, 200g each, total 600g (1980 kcal)

Ingredients: sliced freeze dried strawberries,

freshness ratio 1:10, which corresponds to approx. 6kg fresh strawberries

As (dessert) supplement in emergency food or for direct consumption

3 tins of Raspberries freeze dried, 250g each, total 750g (2250 kcal)

Ingredients: whole freeze dried raspberries

freshness ratio 1:7, which corresponds to approx. 5.25kg fresh raspberries

As (dessert) supplement in emergency food, müsli or for direct consumption

3 tins of Blueberries freeze dried, 250g each, total 750g (2370 kcal)

Ingredients: whole freeze dried blueberries

freshness ratio 1:7, which corresponds to approx. 5.25kg fresh blueberries

As (dessert) supplement in emergency food, müsli or for direct consumption

