



Apple Banana Package

10'728 kcal

Dimensions: 55 x 41 x 23 L/W/H in cm

Weight: 5.3 kg

Storage: If possible, cool and dry, without direct sunlight.
A constant temperature of below 20° celsius would be optimal.

Once opened: Close again with the enclosed plastic lid. Do not eat directly from the container (contamination), then the opened product can be consumed for several weeks.
Avoid huge temperature range to prevent condensation.

Shelf Life: 10 years. Vacuumed and sealed under protective atmosphere (Swiss Can Machinery).

nutritional values per 100g:

product	energy KJ / kcal	fat	saturated fat	carbs	sugars	protein	salt	fibre
apples	1499 / 354	0.27g	0.11g	78.64g	72.0g	1.86g	0.01g	11.01g
bananas	1500 / 360	0,7g	0,2g	77,0g	67,0g	4,0g	0,01g	8,0g

ingredients and instructions

6 tins of Apples freeze dried, 200g each, total 1200g (4320 kcal)

Ingredients: diced freeze dried apples, dry/fresh ratio 1:10- which corresponds to 12kg fresh apples.
As (dessert) supplement in emergency food or for direct consumption

6 tins of Bananas freeze dried, 300g each, total 1800g (6480 kcal)

Ingredients: sliced freeze dried bananas, dry/fresh ratio 1:4- which corresponds to 7.2kg fresh bananas.
As (dessert) supplement in emergency food or for direct consumption