



Carrots, air dried

1'363 kcal

- Tin:** radius 13cm, height 17.4cm, circumference 40.3cm
- Content:** Carrots (irregular pieces approx. 16x16x2mm) air dried, 450g
- Storage:** Preferably cool and dry, without direct sunlight.
Ideally at a constant temperature of approx. 15-20° Celsius.
- Once opened:** Always close the tin firmly with the plastic lid. Do not eat directly from the container (contamination), the opened product can be consumed within several weeks.
Avoid large temperature variation to prevent condensation.
- Shelf Life:** 10 years. Vacuumed and sealed under protective atmosphere (Swiss Can Machinery).

nutritional values per 100g:

product	energy KJ / kcal	fat	saturated fat	carbs	sugars	protein	salt	fibre
carrots	1274 / 303	1.4g	0.31g	52.7g	49.37g	6.51g	0.45g	23.72g

- Directions:** Soak and cook for 10 min or sprinkle directly into a dish and leave it to rest
- dry/fresh ratio: 1:6 - which corresponds to 2.7kg fresh carrots