



2 Minute Corn Semolina

4'212 kcal

- Tin:** radius 13cm, height 17.4cm, circumference 40.3cm
- Content:** Corn semolina, 1200g
- Allergens:** May contain traces of gluten
- Storage:** Preferably cool and dry, without direct sunlight.
Ideally at a constant temperature of approx. 15-20° Celsius.
- Once opened:** Always close the tin firmly with the plastic lid. Do not eat directly from the container (contamination), the opened product can be consumed within several weeks.
Avoid large temperature variation to prevent condensation.
- Shelf Life:** 10 years. Vacuumed and sealed under protective atmosphere (Swiss Can Machinery).

nutritional values per 100g:

product	energy KJ / kcal	fat	saturated fat	carbs	sugars	protein	salt	fibre
2-min corn semolina	1470 / 351	1g	0.2g	65.5g	1.5g	5.6g	0.002g	3g

- Directions:** Semolina/liquid ratio: 1:4
Stir into boiling water and let it simmer on low heat for 2 to 5 min