



## Green Peas, freeze dried

1'256 kcal

- Tin:** radius 13cm, height 17.4cm, circumference 40.3cm
- Content:** Green Peas “premium” (at least 9mm), freeze dried, 350g
- Storage:** Preferably cool and dry, without direct sunlight.  
Ideally at a constant temperature of approx. 15-20° Celsius.
- Once opened:** Always close the tin firmly with the plastic lid. Do not eat directly from the container (contamination), the opened product can be consumed within several weeks.  
Avoid large temperature variation to prevent condensation.
- Shelf Life:** 10 years. Vacuumed and sealed under protective atmosphere (Swiss Can Machinery).

### nutritional values per 100g:

product	energy KJ / kcal	fat	saturated fat	carbs	sugars	protein	salt	fibre
green peas	1500 / 359	2g	0.3g	47g	3g	26g	0.07g	19g

- Directions:** Soak in cold water, eat cold or warm or sprinkle directly into a dish and allow to soak
- dry/fresh ratio: 1:3 - which corresponds to 1.05kg fresh green peas